

Georgian Bay Cheer Athletics

E: gbcheerathletics@gmail.com

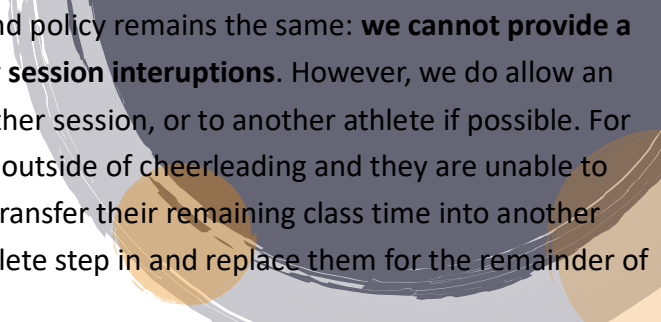
www.gbcheerathletics.com



GEORGIAN
BAY CHEER
ATHLETICS

Training during COVID-19; rules and regulations:

- 1) If you, or someone in your household or social bubble has any symptoms of illness we ask that you kindly STAY HOME. No person will be allowed into the gym/studio if they have any symptoms related to COVID-19, or if they have been in contact with anyone who has symptoms or has tested positive for Covid-19 in the last 14 days. Please make sure to screen yourself, and your athlete before planning to attend each class
<https://covid-19.ontario.ca/self-assessment/>
- 2) Social distancing guidelines will be followed before, during and after class time. Parents are asked to remain in their car, with the plan to drop-off and pick-up their athlete, on time. When the coach is ready for the athletes to enter into the building they will come outside and wave the athletes in. Athletes will maintain 6ft apart while entering the building, hand sanitize before heading into the studio space, and will be asked to bring limited belongings into the gym space with them. There will be buckets available for athletes to store their outdoor shoes/coats, etc. in during class. A similar approach will be implemented upon exiting the building.
- 3) Athletes are expected to arrive dressed and ready for training. This means hair is done (pulled back and secured in a way that keeps hair off of the athlete's face) and athletic clothing is on. Change rooms will not be open for use at this time. There is a bathroom available on site as needed, and it will be cleaned after every use.
- 4) All equipment and high touched surface areas will be cleaned before each new group of athletes enters the building. Hand sanitizer will be available and recommended for use by all athletes throughout their time in the gym.
- 5) **Masks are mandatory for anyone that enters the building.** We will ask athletes and coaches to wear a mask during training/exercise. Athletes will be allowed to take down their mask when completing certain individual skills (for safety) but only if they are able to safely socially distance. It will be mandatory for coaches to wear a mask for any spotting/hands-on skill support, with hand sanitization being used regularly. Coaches are being asked to instruct verbally as much as possible, unless safety becomes a concern and hands-on is required.

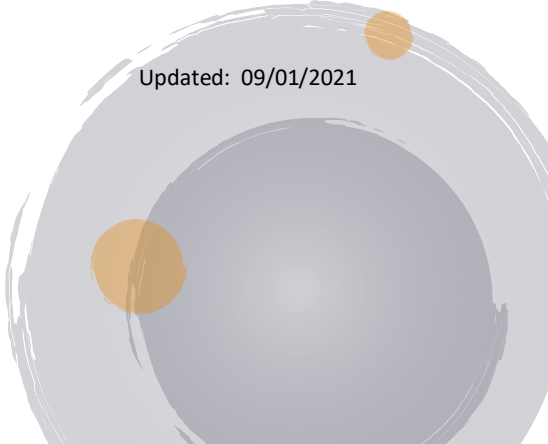
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- 6) It should be mentioned that our refund policy remains the same: **we cannot provide a refund for any missed classes, or any session interruptions.** However, we do allow an athlete's fees to be transferred to another session, or to another athlete if possible. For example: if your athlete has an injury outside of cheerleading and they are unable to continue with the session, they may transfer their remaining class time into another session, or they can have another athlete step in and replace them for the remainder of that session.

At GBCA we will do everything we can to offer make-up classes if an issue arises that causes a class to be cancelled (inclement weather, illness, outbreak, etc.) but this cannot be guaranteed.

- 7) It is the responsibility of the athlete (18+) or their parent/guardian to update GBCA as soon as possible (via e-mail: gbcheerathletics@gmail.com) if an athlete shows any signs or symptoms of illness OR if they test positive for COVID-19 while they are enrolled in a cheerleading program at GBCA. We are required to track attendance of all athletes who participate in our programs. If there is any concern that an active known case could be associated with someone who has been known to be in the studio we will update you as needed and follow guidelines by Public Health for contact tracing.
- 8) We have designed the COVID safety protocols for GBCA based on the re-opening guidelines put in place by The Ontario Government, Cheer Canada and the Ontario Cheerleading Federation. These documents can be made available upon request.

****Please note: these rules/regulations may change at any time. All athletes and their families will be made aware of any changes.****

Thank-you for your on going support and understanding during this time. Our goal, to provide a safe environment for your athlete to build strength and confidence through the sport of cheerleading, is stronger than ever. We look forward to seeing everyone again soon! – GBCA



Updated: 09/01/2021